



Level 1 Certificate

Intended as an entry into badminton. This training of 12 hours over 8 weeks will teach you how to play both doubles and singles in badminton. You will learn, practise and play all basic strokes of the game, understand the rules and have an opportunity to practise court movement and tactics.

An opportunity to:

LEARN A SKILL – HAVE FUN – GET FIT – MEET PEOPLE

At the completion of this certificate, you will be able to join other existing badminton groups, extend your abilities through our advanced training modules and/or participate in our graded competition sessions.

We provide all equipment. You just need sports shoes, suitable sports clothing and a towel.

Our instructors are qualified by Badminton Australia and are passionate about the sport.

This is new to the Central Coast in 2012. We are offering this at an **Introductory Price of \$180**. We also have a system where we credit members' accounts \$20 for any new person they introduce that signs up to any of our training modules.

WHAT TO DO:

Go to our website, sign up, pay up, turn up. As simple as the proverbial 1,2,....3.

Any Questions, contact Colin North on 0413 794 371.

UNSURE IF THIS IS FOR YOU: Come to one of our open days. Refer to our website for dates and locations